

# CASE STUDY TEMPLATE

## **What is a case study?**

A case study is an individual's story. It tells the reader how Save the Children's work has made a difference in the life of a child or his or her family.

### **I. Background: Please provide basic information about the interviewee(s).**

Name(s), gender, age:	Meselech Wolde, Female, 32
Location – village/town, district/province and country:	Chuko Kebele, Wondogenet District of the SNNPR (Southern Nations, Nationality and Peoples Region), Ethiopia.
Keywords – themes:	[Livelihoods support ENGINE (Empowering New Generations to Improve Nutrition and Economic Opportunities) project]

### **2. Summary: Please describe the interviewee's day-to-day life and environment.**

Meselech, 32, is a mother of five children (four boys and a girl). Three of her children live with her ex-husband in a place called Shashemene. Her self and the other two of her younger children live at Chuko village in the Wondogenet district of the SNNPR. Meselech and her family has been part of the ENGINE livelihoods interventions, and has benefited from the provision of an improved homestead vegetable seed, and productive livestock. She was also provided training on livestock management and care.

So far Save the Children through its ENGINE programme supported 4,087 new most vulnerable households (MVHHs) with nutrition-sensitive livelihoods interventions, including improved homestead vegetable seeds, and provision of productive livestock to 2204 of the households. The project trained 5,071 MVHHs on homestead gardening and animal care with gender, nutrition and environmental issues integrated. Through the project we have also established 207 new saving groups, of which 126 were linked to microfinance institutions (MFIs)

### **3. The story: Interviewee's story in his or her own words. Please use exact words with direct quotes.**

My name is Meselech Wolde, I have five children. Before we come to this area I used to live with my ex-husband in a town called Shahemene. It's after our divorce that I relocated to this place and I currently live here at Chuko village with two of my children.

It has been more than ten years since I found out that I have HIV. The first time I knew about it was when I went to the clinic for a check-up. There the counselor who attended

me told me that I have HIV. At first I was shocked by the news. But later when I regularly listen to FM radios how to lead a healthy live with HIV in your blood I've got enough information I was convinced and accept the result and move forward.

I was unable to feed my children three times a day and I used to receive support from relatives and close friends. Then we were selected to be supported by the Save the Children ENGINE project because we didn't have enough income to support our family. .

In September last year, I was provided with a dairy cow by the project. I was first required to attend a five days training in Wondogenet town on how best to care for the cow, how to maintain its hygiene and how to properly manage the cow. Later I was provided with the dairy cow.. Through the training, I was able to acquire the knowledge and understanding how to better care and manage the cow. When I bought the cow she was two months pregnant. Recently, she had a calf and at the moment I'm only allowing the calf to feed the milk. I hope I will soon start reaping benefits from the cow and I would be able to provide enough milk to my children. I hope I will also earn some money by selling the remaining milk.

In addition to the cow we were also given vegetable seeds and we've been able to grow cabbage, beetroot, carrots, onions, potatoes and kale. I use these vegetable products for my family consumption and sell the surplus. We wish if Save the Children will keep on supporting us and provide an improved vegetable seeds for the next harvest season so that we can grow our crops and be able to improve our dietary intake and earn better income.

I wish my children grow, and could finish their education and become government employees.

#### 4. Wider context

##### 4.1 Program summary and background information.

Empowering New Generations to Improve Nutrition and Economic Opportunities (ENGINE) is USAID's flagship integrated nutrition program, which aims to improve the nutritional status of Ethiopian women and children under five years of age. The primary objective of this five-year (2011-2016) program is to prevent under nutrition during the first 1,000 days, from conception until the child is two years old. This is being done through innovative programs such as provision of homestead gardens (providing seeds, tools and knowledge) livelihood support through provision of productive chickens, dairy cow and shoa, cooking demonstration classes, and raising awareness of breastfeeding and young child feeding practices. Evidence shows that feeding infants and young children well could prevent over 20% of the deaths of children under five.

Through this program we're training Health Extension Workers and community health volunteers to provide mothers with nutrition, food preparation and health advice. The program targets 3.1 million children under five, 500,000 pregnant and lactating women, 3.2 million women of reproductive age and 2.7 million households across 100 Woredas (districts). In Chuko Kebele of Wondogenet Woreda ENGINE project reaches ----- households among the ----- HH targeted in the Woreda.

4.2 Follow-up: Is the individual in the beginning, middle or end of an activity/program with Save the Children?

If he or she is still taking part in an activity/program in the future please explain when a follow-up story could be planned i.e.: six months, one year later etc.

Is this a follow-up from an earlier case study? If so, please add a link to the earlier case study.

No it is not a follow up story.

4.3 Family, community leader, health worker, teacher, partner etc. quotes. Please ensure that you have the correct names, (job) title and organisation for each person quoted.

4.4 Expert quotes. Please ensure that you have the correct names, (job) title and organisation for each person quoted. This is optional as experts may not always be available.

N/A

5. Theory of Change: How we work to create impact for children (not mandatory for humanitarian)

The Save the Children Theory of Change shows how we achieve change for children: striving to create impact for children by being innovative, by acting as the voice for and of children, and by achieving results at scale.

5.1 Overall impact: Please explain how Save the Children addressed the challenges/problem and describe the results.

5.2 Innovation: Does this story include a new solution to address an unmet need of children? Please explain the new processes, products, services, methods of delivery. Only write something if there is a specific example of innovation.

5.3 Voice: Please describe if you have been able to advocate for better practices and policies or ensure children's voices are heard.

5.4 Partnerships: Please describe if you have been able to cooperate with or build partnerships through this program.

5.5 Results at scale: Please describe if program achievements are occurring beyond a local level at a larger scale. Only write something if there is a specific example of results at scale.

6. Child protection and consent issues

6.1 Please confirm that you have followed Save the Children child protection policies and have completed full consent forms for the child and/or family, and every individual you have quoted and photographed.

Tick box to confirm:



6.2 Protection notes: If you have changed the name of an interviewee or have changed information that could lead to their identification for protection reasons, please outline the reasons.

N/A

**7. Case study reference information**

Interviewer:	Seifu Assegid and Thomas Lulseged
Photographer:	Seifu Assegid
Humanitarian response code (if applicable)	N/A
Approved for use by: Approval for use is given by the Country Office.	
Date:	May, 1, 2015
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