

CASE STUDY TEMPLATE

What is a case study?

A case study is an individual's story. It tells the reader how Save the Children's work has made a difference in the life of a child or his or her family.

I. Background: Please provide basic information about the interviewee(s).

Name(s), gender, age:	Elsa Desalegn, Female, 21
Location – village/town, district/province and country:	Moroncho Goriche village, Goriche District of the SNNPRs (Southern Nations, Nationalities and Peoples Regional State), Ethiopia.
Keywords – themes:	[ENGINE (Empowering New Generations to Improve Nutrition and Economic Opportunities) Maternal and Child nutrition]

2. Summary: Please describe the interviewee's day-to-day life and environment.

Elsa Desalegn, 21, is a health extension worker at Moroncho Goriche health post, Goriche district of Southern Nations, Nationalities and Peoples Regional State, Ethiopia. She serves 8,238 people in her locality. As a health extension worker she provides services such as, immunization for under five years children, growth monitoring of young children, family planning, Anti Natal Care (ANC), Postnatal Care (PNC), treatment of children with common childhood illness, regular home visit and nutrition counselling.

3. The story: Interviewee's story in his or her own words. Please use exact words with direct quotes.

My name is Elsa Desalegn; I'm a health extension worker here, at Moroncho health post. I have been working here for the past three years. The total population of the Kebele is 8,238 of which 1,285 are children below five years of age. In this health post I am the only health extension worker serving the local community, which I found to be very challenging to reach as many people as I wish. As a health extension worker here in this village, I deliver services both at the health post and by going home-to-home.

The most important thing we do is counseling – giving advice to mothers. We advise mothers to feed themselves and their young children nutritive food as this will help to make their bodies strong enough to resist disease.

We also organize a cooking demonstration session ones in a month at the health post level and in the village. This helps to educate mothers how to prepare nutritious food to children above six months of age using food that is available at home. We explain using pictures save the children provided us, to show them how to keep their children healthy and well-fed. At each cooking demonstration session 25-30 mothers on average attend the class.

Even though mothers have the verities of food items at home, they're not using them properly as they don't know how to prepare nutritious meals. Through the cooking demonstration sessions, we practically show them how to mix these foodstuffs with edible oil and feed their children and themselves.

As health extension workers (HEWs), we received training on the importance of feeding and counseling from Save the Children. With the knowledge I acquired from the training I'm know able to give counseling to pregnant women and mothers who have children above six months of age. I also do regular home-to-home visit and give advice to pregnant women to give birth at the health center. I also inform them to have antenatal checkups at least four times during pregnancy, to get vaccinated against tetanus and get other medical services.

These days, women are increasingly coming to the health center, even from very distant places. This year alone, 52 mothers have given birth assisted by a skilled birth attendant at Goriche health center. Compared to previous years, there is now a huge improvement on maternal and child health in our locality.

Finally, I wish if we could be provided with additional training that can improve our skill and enable us to improve maternal and child health.

4. Wider context

4.1 Program summary and background information.

Empowering New Generations to Improve Nutrition and Economic Opportunities (ENGINE) is USAID's flagship integrated nutrition program, which aims to improve the nutritional status of Ethiopian women and children under five years of age. The primary objective of this five-year (2011-2016) program is to prevent under nutrition during the first 1,000 days, from conception until the child is two years old. This is being done through innovative programs such as provision of homestead gardens (providing seeds, tools and knowledge) livelihood support through provision of productive chickens, dairy cow and shoat, cooking demonstration classes, and raising awareness of breastfeeding and young child feeding practices. Evidence shows that feeding infants and young children well could prevent over 20% of the deaths of children under five.

Through this program we're training Health Extension Workers and community health volunteers to provide mothers with nutrition, food preparation and health advice. The program targets 3.1 million children under five, 500,000 pregnant and lactating women, 3.2 million women of reproductive age and 2.7 million households across 100 Woredas (districts).

4.2 Follow-up: Is the individual in the beginning, middle or end of an activity/program with Save the Children?

If he or she is still taking part in an activity/program in the future please explain when a follow-up story could be planned i.e.: six months, one year later etc.

Is this a follow-up from an earlier case study? If so, please add a link to the earlier case study.

No it is not a follow up story.

4.3 Family, community leader, health worker, teacher, partner etc. quotes. Please ensure

that you have the correct names, (job) title and organisation for each person quoted.

4.4 Expert quotes. Please ensure that you have the correct names, (job) title and organisation for each person quoted. This is optional as experts may not always be available.

N/A

5. Theory of Change: How we work to create impact for children (not mandatory for humanitarian)

The Save the Children Theory of Change shows how we achieve change for children: striving to create impact for children by being innovative, by acting as the voice for and of children, and by achieving results at scale.

5.1 Overall impact: Please explain how Save the Children addressed the challenges/problem and describe the results.

5.2 Innovation: Does this story include a new solution to address an unmet need of children? Please explain the new processes, products, services, methods of delivery. Only write something if there is a specific example of innovation.

5.3 Voice: Please describe if you have been able to advocate for better practices and policies or ensure children's voices are heard.

5.4 Partnerships: Please describe if you have been able to cooperate with or build partnerships through this program.

5.5 Results at scale: Please describe if program achievements are occurring beyond a local level at a larger scale. Only write something if there is a specific example of results at scale.

6. Child protection and consent issues

6.1 Please confirm that you have followed Save the Children child protection policies and have completed full consent forms for the child and/or family, and every individual you have quoted and photographed.

Tick box to confirm:



6.2 Protection notes: If you have changed the name of an interviewee or have changed information that could lead to their identification for protection reasons, please outline the reasons.

N/A

7. Case study reference information

Interviewer:	Seifu Assegid and Thomas Lulseged
Photographer:	Seifu Assegid
Humanitarian response code (if applicable)	N/A
Approved for use by: Approval for use is given by the Country Office.	
Date:	May, 1, 2015
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